

UB SCOOP

March 2018



Hello Upward Bound! March has certainly come “In like a lion” this year. Let’s cross our fingers that it does go “out like a lamb. It seems that winter is having a hard time wanting to let go, but if we’re patient, we’ll see the beautiful flowers and more mild temperatures of Spring very soon. At Upward Bound, we’re keeping our spirits up as we plan and prepare. Though Spring will soon be here, we are already looking ahead toward Summer!

We are currently in the process of hiring our Summer staff, and we have some wonderful applicants this year! SAC members will be interviewing potential RAs this week, and we know they’ll do a wonderful job representing the interests of their peers in Upward Bound.

Class schedules will soon be ready, and Jackie and Rachel

will be visiting all of you at your schools in April so we can get your individual class schedules determined.

The rescheduled date for TRIO day, which was originally scheduled for February 24, but had to be canceled due to unsafe weather conditions, is the date of our upcoming March Saturday Academy; March 17. We will have a normal Saturday Academy schedule, followed by our TRIO day celebration. Families are welcome to attend the entire day, or just the celebration, which will take place from 11:00 AM – 2:00 PM. Lunch will be provided for all attendees.

Now, as we prepare for all of our Spring and Summer activities, let’s not forget our many newly admitted Upward Bound family members! Upward Bound would like to extend a warm welcome to all

of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to prepare a bright future for yourselves. But it doesn’t stop there. Now is the time to show that Upward Bound is a priority by being committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends. Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.
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Special Points of interest:

- Saturday, March 17, 2018
Saturday Academy and TRIO Day Celebration – 8:30 AM-1:45 PM (TRIO Celebration begins at 11:00 AM)
- Saturday, April 21, 2018
Saturday Academy – 8:30 AM-12:30 PM
- Tuesday, May 1 and Wednesday May 2, 2018
Summer Orientation – 6:30-8:00 PM (all students and parents must attend ONE night)

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2017-2018 Yearly Upward Bound Checklist

It is important to make note of upcoming due dates and deadlines. This especially applies to your Upward Bound Student Checklist. Each grade has their own list of tasks to complete by the end of the academic year in May, with the exception of newly admitted students. If you were just admitted to Upward Bound this year, don't worry, you do not have a Checklist yet. ☺ All checklists for seasoned Ubers are on Canvas.

<https://nwmissouri.instructure.com/login/canvas>

If you have not logged in for a while and you must reset your password, use this link <https://nwpass.nwmissouri.edu/pm/> and click on "Change Password". If you do not remember your password, click on "Reset Password". Finally, if you need additional help, call the Northwest Helpdesk at **660-562-1634**.

Once you have logged in to Canvas, you will see the main screen, or Dashboard, for your Checklist (class). This main page will show you all assignments for your Checklist, as well as dates that each is due. If you would like to see your progress, click on "Grades" on the lefthand side of the screen. This will show you what has been turned in and what has been "graded". All students If you have any questions about completing your Checklists, please contact Jackie or Rachel.

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As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support is key to ensuring student success both at home and through Upward Bound.

All of our new Upward Bound members are listed below. Let's welcome and celebrate them as they embark on the journey toward college! Opportunities await! Welcome to Upward Bound!

Alyssa Applen	Tarkio	Brianna Maxwell	Tarkio
Samantha Bashor	Stanberry	Katelyn Meinecke	Rock Port
Harley Caudill	Tarkio	Sarah Morgan	Nodaway-Holt
Zoey Christensen	Maryville	Joslyn Potts	King City
Skye Clark	Tarkio	Travis Rogers (TJ)	Stanberry
Kimberly Clements	Nodaway-Holt	Jonathan Rohr	West Nodaway
Erin Cook	West Nodaway	Evan Saxton	Stanberry
Imajen Downing	West Nodaway	Tillie Stanton	Nodaway-Holt
Jade Embley	Nodaway-Holt	Jordyn Suchan	Maryville
Devin Guajardo	Tarkio	Derrick Taylor	King City
Stephen Henggeler	Stanberry	Alexa Vansickle	Rock Port
RyAnne Herron	Rock Port	Alexandra White	Maryville
Jamie Jamieson	Stanberry	Julianna White	Maryville
Victoria Jordan	Rock Port	Madison Wilmes	Nodaway-Holt

SENIOR SPOTLIGHT!

Delanie Vinzant



Hey Ubers! I'm still waiting on decisions from 19 schools, but I am happy to announce that I have been accepted to the University of Missouri as one of seven Stamps Scholars! The award is the most prestigious on campus, and it includes an all-expenses paid, four-year, full ride to the university, as well as a \$16,000 enrichment fund to be used for research, academic conferences, leadership workshops, etc. Only about 200 students are selected for this honor each year throughout the entire country! I am extremely fortunate and blessed to have received this opportunity, but as you younger students look towards the future, please understand that I have received dozens of rejections since July. My number one piece of advice for all of you is APPLY! You won't get most of the scholarships you apply for, and you may not get into every school you hoped to, but that's okay. Every student at Harvard or on a full ride at Mizzou got dozens of rejections before their perfect opportunity came along, but not every student has the stamina to continue applying in the face of rejection. I challenge all of you to apply for every scholarship you can, even if you don't think you will win. If you're an underclassman, apply for an award, compete for an organization, or run for student government. If you keep working hard, you will find your perfect opportunity, but don't expect it to come find you. You have all taken an amazing first step by applying for Upward Bound. As you continue your high school career, remember the feeling you had when you received your UB acceptance letter and strive to reach that high point again.

Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we would like to remind students about. Please read ahead carefully.

1. All summer forms will soon be available on the Upward Bound website. Forms can be found via this link: <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please note: all forms are due by **APRIL 21, 2018**. If forms are not turned in by April 21, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact Jackie or Rachel to have a packet of forms mailed to you.

2. Absences during the summer session must be reported **before** summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with Jackie **IN PERSON** (not via text) if an unexpected absence will occur.

3. Due to the success of our non-caffeine habit last summer, Upward Bound will again provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Students may use a personal water bottle if they choose. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals. Many students stated last summer that they felt better and didn't even miss caffeine after maybe a week. We are excited to continue healthy habits this summer!



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day at Upward Bound during our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S. program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! While at Upward Bound, Watch D.O.G.S. can perform a variety of tasks during their volunteer day, including monitoring during class breaks, assisting students in coursework, monitoring the lunch room, helping in the classroom with a teacher's guidance by working with small groups of students on homework, flashcards, spelling, or projects, and any other assigned activities where they actively engage with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to attend one of two meetings scheduled for Tuesday, May 1 or Wednesday, May 2, 2018 at 5:00-5:45 PM, just before Upward Bound's Summer Orientation nights.

IMPORTANT DATES

Summer Orientation May 1 or May 2, 2018

6:00-7:30 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **April 21, 2018**. Forms can be found on our website.

<http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please bring information on any additional summer absences that have not already been reported.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 14, 2018	March 9, 2018	Mar. 10-23, 2018
June 9, 2018	May 4, 2018	May 5-18, 2018
July 14, 2018	June 15, 2018	June 16-22, 2018

Always use the NWMSU code: 2319

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

Saturday Academy April 21, 2018 SENIORS – Bring your Financial Award Letters! Senior Workshop 11:20 AM-12:05 PM

Seniors, in lieu of a Spring Guidance and Grub, we will instead focus on understanding your Financial Aid Package during the April Saturday Academy Senior Workshop. Your parents/guardians are welcome to attend.

Please bring your Financial Aid Award letters received from your college and your student account information, usually found on your acceptance letters.

SPRING COLLEGE VISIT KANSAS STATE UNIVERSITY

In the past, Upward Bound has taken all participants on a college visit on one of our spring Saturday Academy dates each year. Unfortunately, it is becoming more and more difficult to arrange a quality visit with colleges and universities on a Saturday. So, in order to provide the best experience for our students, we are now arranging our Spring college visit on a weekday each year.

This year's Spring college visit took place on Thursday, March 8. Several Upward Bound students traveled to Manhattan, KS to visit Kansas State University. It is important to see what choices are available for college, and this was a perfect opportunity for these students to see first-hand whether Kansas State University might be the perfect fit. We took a tour of the University and witnessed the close-knit community feeling of campus. After eating in one of their dining halls, the group traveled to the Flint Hills Discovery Center. We learned about the unique native prairie of that part of Kansas that remains relatively untouched after centuries of habitation and use. Overall, our students had a great time!



2018 UB Summer Session
June 3-July 6

2018 Summer Enrichment Trip
July 9-13

UB Contact Information

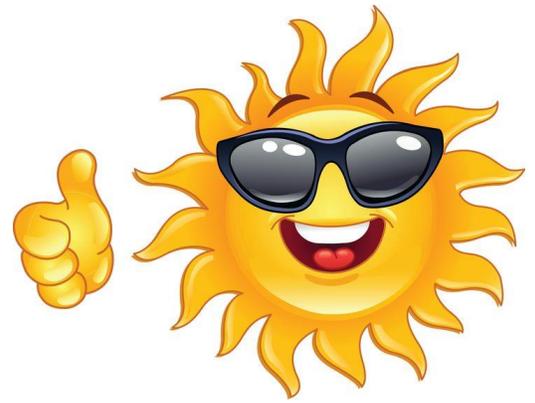
Office: 660-562-1630

Fax: 660-562-1631

Email: jackiec@nwmissouri.edu

wistrom@nwmissouri.edu

Summer



2018

Week 1

Sunday, June 3	Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students
Monday, June 4	Bridge Orientation Family Group Evening Activities
Tuesday, June 5	Tutoring in Hall and Visitor Night
Wednesday, June 6	Bridge classes begin Service Learning Activities
Thursday, June 7	Large Group Activity Night- MOERA & Pajama Party
Friday, June 8	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 2

Sunday, June 10	Return to the residence halls for check-in (7-9pm)
Monday, June 11	Family Group Evening Activities
Tuesday, June 12	Tutoring in Hall and Visitor Night
Wednesday, June 13	Service Learning Activities
Thursday, June 14	Large Group Activity Night – Henry Doorly Zoo
Friday, June 15	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 3

Sunday, June 17	Return to the residence halls for check-in (7-9pm)
Monday, June 18	Family Group Evening Activities
Tuesday, June 19	Tutoring in Hall and Visitor Night
Wednesday, June 20	Service Learning Activities
Thursday, June 21	Large Group Activity Night – Lied Center Pool & The Hangar
Friday, June 22	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 4

Sunday, June 24	Return to the residence halls for check-in (7-9pm)
Monday, June 25	Family Group Evening Activities
Tuesday, June 26	Tutoring in Hall and Visitor Night
Wednesday, June 27	Service Learning Activities
Thursday, June 28	Large Group Activity Night – UB Formal
Friday, June 29	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 5

Sunday, July 1	Return to the residence halls for early check-in (5-7pm) UB Special Event Night (7-9pm)
Monday, July 2	Family Group Evening Activities
Tuesday, July 3	Regular Academic Day Bridge Classes End. Pizza in hall for Holiday Check-out (4pm) Holiday Check-out (5-7pm)
Wednesday, July 4	Holiday – No UB Events
Thursday, July 5	Check-in (6:30-7:45am) Grab & Go Breakfast in hall Regular Academic Day Large Group Activity Night - New Theatre “Sister Act”
Friday, July 6	Move-out day & Awards Ceremony – TIMELINE TBD

Week 6

Monday, July 9	Leave on trip to South Dakota
Friday, July 13	Return from South Dakota

Independence Day:

Transportation will be offered for students without vehicles to be home for the holiday. If a student is utilizing UB transportation Tuesday, July 3rd, they are required to use UB transportation Thursday, July 5th.